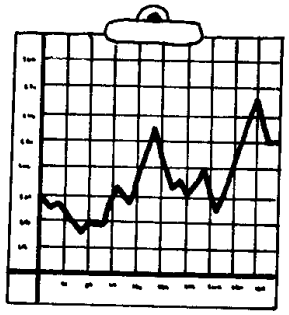


FAITH IN FOCUS: PEAKS AND VALLEYS

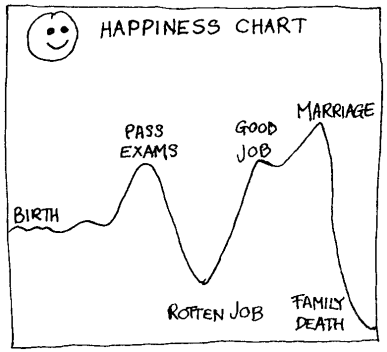
If we lived life on the flat then things would be boring. But for most of us life has its high moments and its low points, its peaks and its valleys. Our peaks might include getting married, the birth of a child, academic success or job satisfaction. And our valleys might be paved with the loss of someone we love, the break-up of a marriage, a business failure or some kind of illness.

These peaks and valleys all form part of life 's rich mountainous tapestry. We can 't avoid the crosses that come our way, but when they do we are strengthened and encouraged by the knowledge that there is more to life than what today brings; for we have seen it on the peaks of our joy.

The transfiguration of Jesus was a mixture of peak and valley. It was a peak not just because it took place on top of a high mountain, but because it gave the disciples a real boost to see their friend Jesus in divine glory, talking with Moses and Elijah. They were so affected by it that they didn 't know what to do and just wanted everything to stay like that for ever. But no sooner was it over than Jesus began to tell them that he was destined to be handed over to the authorities and executed. What they had seen at the transfiguration was still in their minds and it went some way to softening the blow of Jesus 's prediction. And when they reached their valley, when these events came true some time later, it would surely have been something of a comfort to know that Jesus was more than a mere man who could be silenced by death.

The three disciples didn 't want to come down from the mountain. Who could blame them? However, they had to go back into the valley and face the troughs of their existence.

Sometimes it can seem that we live most of our lives in the valley, yet there are moments when the presence of God breaks through into our lives in a vivid fashion. And it 's these occasions that we have to learn to discern and to treasure, for they are the peak moments when God reveals his glory to us so that it may sustain us in faith through the valleys of life. They are our transfiguration.



ST. JOSEPH'S PARISH COLWYN BAY

01492-532670

www.catholicchurchcolwynbay.co.uk

Sunday 20th March 2011
2nd Sunday of Lent

Prayer for the Parish

O God our Father and Creator
Where two or more are gathered together in your name
you are there in their midst.
We bring to you our parish of St Joseph's to ask your blessing
as we meet the challenges of our mission of witness and discipleship.
Give us courage and enthusiasm.
Give us spirit of initiative and originality of thought.
Give us charity and unity
and make us aware of each other as we work towards the renewal of our parish.
We ask this in the name of Jesus Christ our Lord.
Amen
St Joseph pray for us.

EXPOSITION, ROSARY AND QUIET PRAYER
Saturday 11-00am to 12-00noon
SATURDAY CONFESSIONS
11-00am to 11-30am
5-00pm to 5-30pm
SATURDAY MASS
5-30pm
SUNDAY MASSES
9.30 a.m., 11.00 a.m.
Monday 12.00 noon Mass
Tuesday 7-30pm Mass
Wednesday 9-30am Mass
Thursday 9-30am Mass
Friday 12-00 noon Mass

PLEASE REMEMBER in your prayers all those who are sick, especially :
Basil Sanders, Mary Derrick, Peggy Porter, Edward Burke, Bridget McLaughlin, Fr Colm O'Riain OMI, Wendy Swinton, , Mary O'Leary, Fr Chris Dunne OMI, Eddie Mann, Neil Hogan, Mike Tobin, John Lyon, Rose Bostock., Drina Watts, Gay Merrick, Francis Shaw, William Richardson, Mary Bushell, Betty McCarthy, Peter Smith, Nancy Bowden, Anthony, Norman Graham, Josie Canning, Cathy Murphy, Eddie Hosker, Stacey Usher, Anne Boyle, Claire Carlson, Eva Rose Callaghan, Ernie Speakman, Derek Hughes, Annie Quinn, Annie O'Neill.

All whose Anniversaries occur around this time including

Kathleen Farenden (2000), Ken Hall, Robert John Williams (1992), Michael Murphy (1999).

Recently Deceased

Grace Smedley, Jim Firth, Maurice Dunne, Tony Kirby.

Last Week's Offertory Collection
Was
£662-24
(including £300-25 loose)

Parish Bulletin
Please note there is a box in the Presbytery hall for all items to be included in the Bulletin. The cut off point is Wednesday evening. Thank you.

REPOSITORY
The Repository is open after both the Saturday and Sunday Masses And also from 12-30pm till 1-00pm

S.P.U.C.Little Feet Club
Little Feet Club
Winner of the Little Feet draw
Joan Little
Next SPUC meeting 7-00pm
31st March 2011.

NOTICE BOARD
Information or notices for the parish notice board should be given to Sr Clare in advance

CAFOD Lent Fast Day
Friday 18th March
Envelopes will be collected over this weekend the 19th/20th March 2011.

Stations of The Cross
Will take place during the Holy Hour between 11am/12pm on Saturday Mornings.

Parish Holiday to Somerset 11th April

……..Late availability we have 2 singles and one twin room which must be sold!!
Please see
John (Organist) ASAP
01492 517038

"Walk with me" books are out at the back of Church for a small donation.

This Parish is part of the Roman Catholic Diocese of Wrexham Registered Charity No. 700426.
Trustees: Oblates of Mary Immaculate

PARISH NEWS

Visits to the sick and hospital visits
If somebody is in hospital they will be visited by the hospital Chaplain. This is Fr Charles Ramsay for Glan Clwyd 01745 353395, Fr John Toole for Colwyn Bay 01492 515091 and Fr Anthony Jones in Llandudno hospital 01492 860546 If you or a relative wish to see Fr Declan you need to let the office know and they will make an appointment.

Adult Faith Group
On the 26th March 2011 the Adult Faith Group, will again hold a parish retreat, hosted by Fr Martin and Sr Catherine from the Oblate Retreat Centre. The theme this time will be "Sharing Christ's suffering & looking forward with hope". Further information will be available, and registration commences at the start of March.
In addition, to advise their work, the AFG would like to extend this program of parish development and run a series of evening sessions spread throughout the year. A range of topics are being considered, and to help us choose, it is proposed we will conduct a survey during all masses, the weekend of Sunday 6th March.

Vision Aid—Our Lenten Project
Last week we launched our Parish's Lenten Project for Vision Aid. Many of you took the Envelopes and we hope you have successfully made up your money box. If anyone did not get a Vision Aid envelope, they are still available at the back of Church. Please take one it is not too late to get started.

Parish Finance Committee
The next meeting of the Parish Finance Committee will be held on Thursday 24th March at 7-30pm in the Presbytery. We would like to take this opportunity to all of those who have improved our one source of income at Mass collections.

Deanery Lenten Penitential Service

Prayer and Confession with Priests from our Deanery and our Bishop Edwin Regan

Led by Bishop Edwin Regan with individual confession at Our Lady Star of the Sea Church in Llandudno, Wednesday 23rd March at 7-30pm.
This will be an opportunity for people to go to confession before Easter. It is expected to be Bishop Edwin's last official function in the Deanery before his retirement.